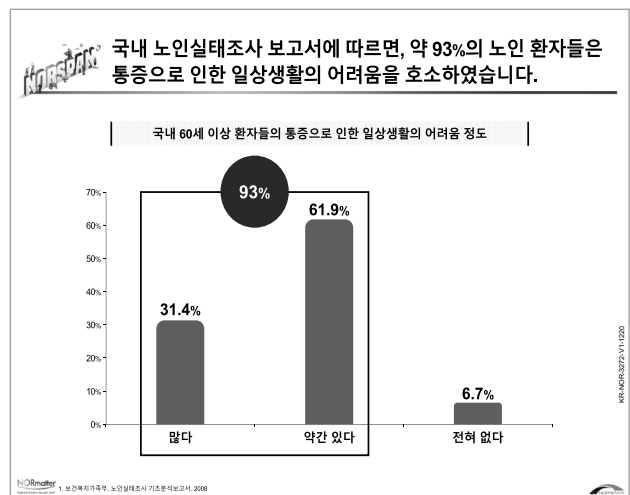
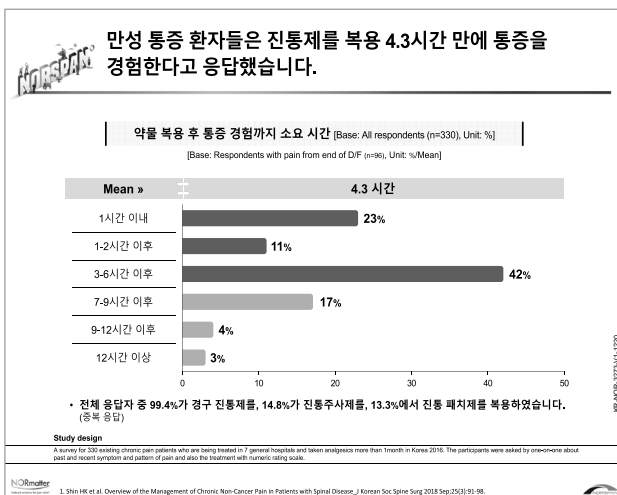
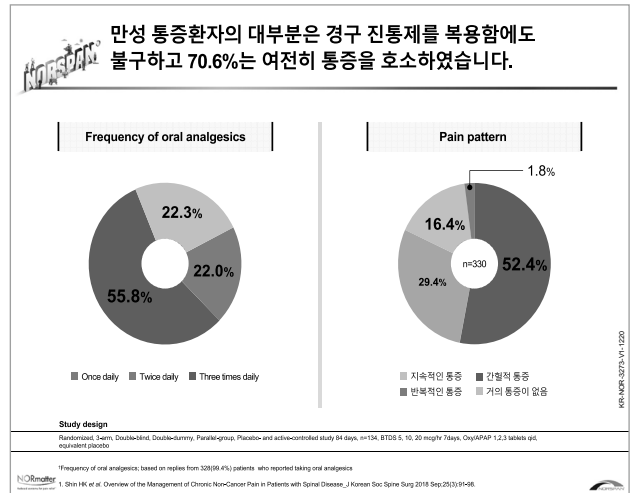
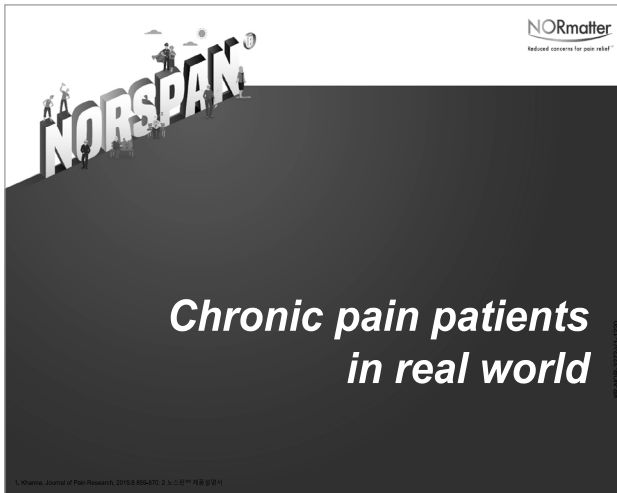


Norspan®: Benefit for elderly and co-morbidity patients

김 범 준
고려대



만성통증의 효과적인 관리를 위해 Multimodal analgesia가 추천되고 있습니다.

○ Multimodal analgesia: several analgesics with different mechanisms of action, each working at different sites in the nervous system

Perception: opioids, alpha ₂ -agonists, TCAs, SSRIs, SNRIs
Modulation: TCAs, SSRIs, SNRIs
Transmission: local anesthetics, alpha ₂ -agonists
Dorsal root ganglion
Transmission: local anesthetics, opioids
Transduction: local anesthetics, capsaicin, anticonvulsants, NSAIDs, ASA, acetaminophen, nitrate

1. Charles E. et al., Pain Medicine Volume 10 Number 52 2009

효과적인 통증조절을 위해서는 환자의 연령 및 동반질환의 유무, 통증의 성질 및 원인 등에 따라 적절한 진통제를 선택해야 합니다.

통증의 양상	통증원인
질환의 특성	환자의 연령
동반질환의 유무	신기능&간 기능

1. Duck M yoon, J Korean Med Assoc 2011 July; 54(7): 735-746 2. Allen D. Kaye, et al., The Oncology Journal, 2010, 10:175-187

Norspan®: Providing sustained pain relief

1. Data on file, Buprenorphine IR 0.1, 9 July 2010

노스판™은 지속적으로 약물을 방출하여 sustained pain relief를 제공합니다.^{1,2}

Norspan® Plasma concentrations over 7 days¹

Plasma Buprenorphine (pg/mL)

Days After First Application

Norspan® Removal

Buprenorphine plasma concentrations (pg/mL). Mean (±SE), Norspan® 10 mcg/hour Application for 7 days (n=23 Healthy subjects)

1. Principles of analgesic use in the treatment of acute pain and cancer pain. 5th ed. Glenview, Ill - American pain Society, 2003
2. Data on file, Buprenorphine IR no. 9 July 2010

저용량 Buprenorphine은 weak opioid로서? NSAIDs로 조절되지 않는 환자들의 다음 단계로 WHO에 의해 권고되고 있습니다.^{1*}

STEP 01 Relief from pain	STEP 02 Pain persisting or increasing	STEP 03 Pain persisting or increasing
Non-opioid (비마약성 진통제) NSAIDs, Acetaminophen(APAP), Cox-2 selective inhibitor ±Analgesic	Opioid for mild to moderate pain (약한 마약성 진통제) Low-dose Buprenorphine** Tramadol, Tramadol-APAP ^{1,2} ±Non-opioid ± Adjuvant	Opioid for moderate to severe pain (강한 마약성 진통제) Morphine, Fentanyl, Oxycodone ³ ±Non-opioid ± Adjuvant

* 노스판™은 비마약성 진통제에 반응하지 않는 중등도 및 중증 만성통증에 적용을 허가 되었습니다.
** Buprenorphine is a partial agonist. At low-dose, it is an alternative to codeine.

1. World Health Organization. Cancer pain relief: with a guide to opioid availability (1996)
2. Hamunen K, et al. Eur J Pain 2009;13:954-962

노스판™은 Buprenorphine을 주성분으로 μ-opioid에 partial agonist로 작용합니다.

Implications of buprenorphine interactions with opioid receptors

Morphine: Full agonism (1) → μ-receptor → Gi signaling → cAMP → Ca²⁺ → K⁺

Buprenorphine: Partial agonism (2) → μ-receptor → Gi signaling → cAMP → Ca²⁺ → K⁺

Buprenorphine: Agonist (3) → Nociceptin/ORL1 or other Gz receptors → Secondary analgesia, reduced rewarding

Buprenorphine: Antagonist (4) → K-receptor → Reduced tolerance, anti-depressant

1. Whanna IK et al. J Pain Res 2015;8:894-70

척추 수술 후 지속되는 수술 후 통증 환자에서 노스판™과 트라마돌 복합제를 비교하였을 때, 두 군의 효과는 유사했습니다.

Buprenorphine transdermal patch vs TA in patients with persistent post-operative pain after spinal surgery

- Mean pain intensity decreased significantly in both the BTDS and TA groups over 6 weeks of treatment - from 'moderate' to 'mild' pain
- Baseline to Week 6 change (FAS)- BTDS: -2.02 ± 2.14; TA: -2.76 ± 1.45

Study design
 Randomized, multicenter, parallel-group, open-label, non-intentional, non-inferiority study in Korea. 134 Patients who experienced persistent moderate to severe pain (Numeric Rating Scale, NRS) 4 (40%) days after lumbar fusion surgery. Primary endpoint: pain reduction with BTDS versus TA. Patients received chronically BTDS (0.4/0.75 µg/h) or transdermally (0.4/0.75 mg) buprenorphine 325 mg, one tablet (treated to 4 tablets).

1. LEE JH, et al. Efficacy and Safety of Transdermal Buprenorphine versus oral TA. *Pain Management*, Volume 2017, 11 pages

노스판™은 opioid-naïve 중등도 이상의 만성 하부 요통 통증관리에도 효과적이었습니다.

Pain intensity

Study design
 The enriched, multicenter, randomized, double-blind study evaluated the efficacy, tolerability, and safety of BTDS in opioid-naïve patients who had moderate to severe chronic low back pain. 1,024 patients who tolerated and responded to BTDS (10 or 20 µg/hour) during an open-label run-in phase were randomized to chronic BTDS (10 or 20 µg/hour) or receive matching placebo. The primary outcome was "average pain over the last 24 hours" at the end of the 12-week double-blind phase, collected on an 11-point scale (0 = no pain, 10 = pain as bad as you can imagine). Sleep disturbance (Medical Outcomes Study subscale) and total number of supplemental analgesic tablets used were secondary efficacy variables.

1. Steiner DJ, et al. *Journal of Pain and Symptom Management*. 2011;42(5):903-917.

노스판™은 수술 후에도 지속되는 통증 관리에 효과적이었습니다.

Mean pain intensity scores from baseline to Week 6

수술 후 지속되는 통증에 노스판™과 Tramadol 투여 6주 후 통증 강도 감소는 유사하였습니다.

Study design
 Open-label, non-intentional, randomized multicenter study. Adults with persistent postoperative pain (Numeric Rating Scale [NRS] ≥ 4 at 14±0 days postsurgery) were enrolled. Patients received chronically BTDS (0.4 or 0.75 µg/h) (treated to 20 µg/h) or chronically TA (1 or 40 mg) (treated to 160 mg) for 6 weeks. The study compared pain reduction with BTDS versus TA at week 6. Quality of life (QoL), treatment satisfaction, compliance, and adverse events (AEs) were assessed.

1. LEE JH, et al. *Pain Res Management* Volume 2017, 11 pages.

노스판™은 지속적인 통증 조절을 통해, 수면의 질을 개선하였습니다.

3,988명의 만성 골관절염으로 인한 통증 환자들에게 노스판™ 부착 후 연구 종료 시점에서 Quality of Sleep을 측정하였을 때, 96%의 환자가 Very good, Good으로 응답하였습니다.

Primary endpoint
 The current pain intensity decreased on the 11-point NRS scale used (0 = no pain, 10 = worst pain imaginable) from an average of 6.5 under previous therapy before the start of the treatment to 4.1 after the first to seven days of patch use and finally to 2.8 at the end of observation (N = 4,170). This corresponds to an overall clinically significant average improvement of four points (p < 0.0001).

Study design
 A multicenter observational study of 4,623 patients for the efficacy and safety of the buprenorphine patch (TDS, 10mg). The efficacy and safety of the buprenorphine patch was tested as part of an extensive clinical study on the treatment of patients with moderate to severe chronic pain (non-inferiority) (25, 11). There were indications in particular that chronic pain caused by osteoarthritis can be reduced effectively with good safety.

1. U. Schuttler, et al. *MWPM Progress in Medicine* Originals No. 6/2008 (190th Year of Issues), pp. 96-100

노스판™ 부착 후 만성통증 환자들의 통증 감소뿐만 아니라, 삶의 질이 개선되었습니다.

Comparison of patients' levels of functioning for individual EQ-5D-3 L dimensions between baseline and visit 6 (ITT population)

Bowker-McNemar test: *p<0.001; †p<0.01; ‡p<0.05 (bar: No problem)

Dimension	Baseline (n=114)	Visit 6 (n=93)
Mobility	29.0	54.8*
Self-care	60.5	80.7†
Usual activities	29.0	48.4†
Pain/discomfort	6.1	20.4†
Anxiety or depression	36.8	54.8†

Primary endpoint
 차등 분할표준 척도 후 1분류부터 4분류로 시작하여 지속적인 통증과 삶의 질을 향상시켰습니다.

Study design
 Prospective, multicenter, open-label, single-arm study across 3 countries. Primary endpoint: change in EQ-5D-3L score (11 pain scores) before treatment initiation and at each subsequent visit. TDS patches (5 µg/h, 10 µg/h and 20 µg/h) were used for 7 days continuously (once with 5 µg/h buprenorphine patch at baseline visit and treated to a maximum of 40 µg/h over a 6-week period to achieve optimal pain relief). 114 Patients with Chronic non-inferiority pain of moderate to severe intensity from osteoarthritis, rheumatoid arthritis, lower back pain or joint muscle pain.

1. Yoon DH, et al. *BMC Musculoskeletal Disorders*. 2017;18:237.

70% 이상의 환자가 진통효과가 동일한 경우, 하루에 두 번 복용하는 경구제 보다 일주일에 한번 부착하는 패치제를 더 선호하였습니다.

Preference survey for formulation


Efficacy was comparable between TDS group and Tramadol ER group

“진통효과가 동일한 경우, 일주일에 한번 부착하는 패치제와 하루에 두 번 먹는 경구제 중 어떤 것을 선호하십니까?”

Tramadol tablet (200mg) 중 70.5%가 일주일에 한번 부착하는 패치제를 더 선호한다고 응답

Study design
 12-week, randomized, open-label, controlled, parallel-group non-inferiority study. 134 patients with chronic moderate-to-severe hip and/or knee osteoarthritis pain. Dosage: 7-Day buprenorphine patch 5-20µg/h, Tramadol tablet 75-200mg/sood.

Karunan et al. *Clinical Therapeutics* 2009; 31(3): 603-613
 TDS: Transdermal buprenorphine, ER: extended-release

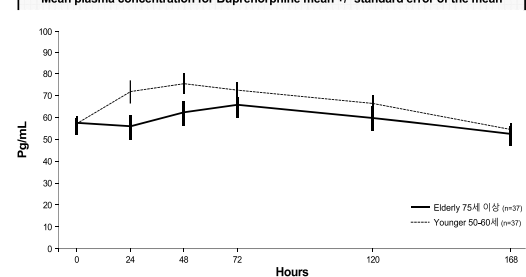


NORmatter
Reduced concern for pain relief¹

Norspan[®]:
Safety profile in elderly & comorbidity patients

Buprenorphine은 고령 환자에서 약동학적 특성이 유사하여 용량 조절이 필요하지 않습니다.

Mean plasma concentration for Buprenorphine mean +/- standard error of the mean

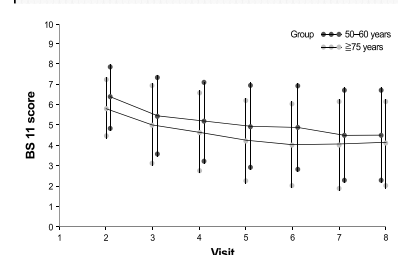


Study design
This was a multicohort, open-label, parallel group study in healthy volunteers split into two age groups (younger: 50-60 years, elderly: 75 years) with 37 individuals in each. Study participants received two consecutive 2-day buprenorphine 2-patch transdermal patch applications, and blood samples were collected on the week of the second patch application (day 7 (baseline), days 8, 9, 10, 12, and 14) to determine PK at steady state.¹

1. Khanna et al. Journal of Pain Research 2015;8:859-870 2. Nabil AATweel et al. Eur J Clin Pharmacol (2015) 69:143-149

노스판[™]은 고령 환자에서도 유사한 통증 감소 효과를 보였습니다.

Mean BS-11 pain score by visit: full analysis population



Study design
This was a prospective, multicenter, open-label, multicohort, age-group controlled study (22 chronic, moderate to severe osteoarthritic pain (the ankle/knee) patients, 50-60 years (younger group, here) and 75 years (elderly group, here)). After 2 weeks on gabapentin only, patients received buprenorphine patches (2-patch) for 12 weeks. Population rescue was provided. Primary endpoint was the BS-11 (BS-11) score for pain on average over the last week. WOMAC OA index, EQ-5D, Patients' and Investigators' Global Assessment of Pain Relief, rescue medication use, sleep disturbance and quality of sleep were secondary efficacy endpoints.

The BS-11 score the day before each visit is used. If the value was missing the last observation was carried forward.
Visit 2=baseline, Visit 3=Week 1, Visit 4=Week 2, Visit 5=Week 4, Visit 6=Week 6, Visit 7=Week 8, Visit 8=Week 12

1. J. Karlsson et al. Current Medical Research and Opinion, 30:4, 575-587

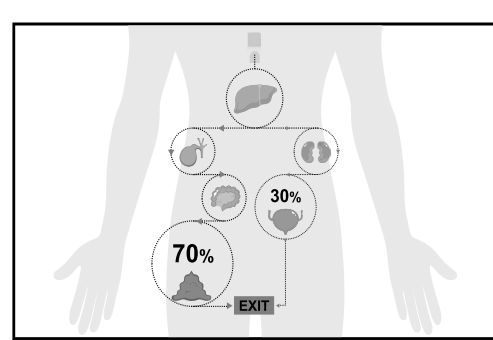
Buprenorphine은 다른 opioid와 달리 신장에 환자에서 약물 및 대사체의 반감기가 증가하지 않아 용량조절이 필요하지 않습니다.

정상 환자 대비 신장에 환자에서 T_{1/2} 및 T_{1/2} metabolites 비교

Opioid	T _{1/2}	T _{1/2} Metabolites	Recommendation
Morphine	↑	↑↑	Dosage ↓
Oxycodone	↑	↑	Dosage ↓
Hydromorphone	↑	↑↑	Dosage ↓
Fentanyl TD	↑	↑	Dosage ↓
Buprenorphine TD	=	=	Adjust ±
Metadone	↑	↑	Dosage ↓

TD, transdermal
1. Pergazzi J. et al. Pain Practice, 2008;8(4):287-313

Buprenorphine은 대부분 대변 배설되어 신장에 환자 및 투석환자에게도 용량 조절 없이 사용 가능합니다.



1. BUTRANS US prescribing information.


Buprenorphine은 유럽에서 고령 만성통증 환자의 1st line 치료제로 환자들에게 권장됩니다.¹



1. Pergazzi J. et al. Pain Pract, 2008;8(4):287-313.

Case #2

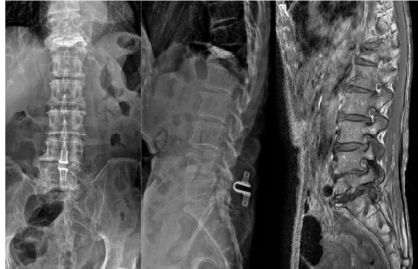
- F / 70
- PLIF L4-5 1년뒤 ASD develop
- re-op refuse
- tramadol, gabapentin, limaprost 투약하였으나 intractable pain 지속
- Norspan Patch 5mcg/h



NORxcel

Case #3

- M / 86
- Norspan Patch 10mcg/h
- Pain 은 호전되었는데 상완에 붙이고 어지럼 호소
- 허벅지에 붙이고 호전



NORxcel

 MEMO