

## Endoscopic laminectomy for cervical spondylotic myelopathy

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Cervical spondylotic myelopathy (CSM) is a relatively common disease that occurs as degenerative spinal stenosis compresses the spinal cord. There are several approaches to decompress the cervical spinal cord, including anterior cervical discectomy and fusion, corpectomy and fusion, arthroplasty, posterior cervical laminectomy with or without fusion, and laminoplasty. Laminectomy can be selectively performed on segments that were most severely compressed or demonstrated cord signal change on MRI. Wide open laminectomy without additional fixation has risk of development of kyphosis and worsening neurological condition; however, minimally laminectomy with preservation of the facet capsules mitigates this risk, especially in the elderly whose spines are less mobile. The authors report their technique for endoscopic cervical laminectomy for selective patients with CSM.